



# State of the art Sensory Rooms

We know that finding places to take children and adults who have complex additional or sensory needs can be challenging. At High Rise in Lisburn, we have created unique spaces that are accessible and welcoming to all and can be used to stimulate or to relax. We have a specially designed Sensory Room and a separate Quiet Room, which can be adapted to meet a range of needs and interests – whether that's playing with sensory toys, engaging with the stimulating range of equipment, or simply switching off and chilling out.



Sensory Room sessions are 1 hour in duration. Spaces are limited and, due to the nature of the facilities, on certain occasions the Sensory Room may be booked for exclusive use, so please ensure to book in advance to avoid disappointment.

## Sensory Room session times

10.00-11.00

11.15-12.15

12.30 - 13.30

14.15 - 15.15

15.30 - 16.30

16.45 - 17.45

18.00 - 19.00  
(Not Sundays)

19.15 - 20.15\*  
(Not Sundays)

[www.highriseni.org](http://www.highriseni.org)

\*available for groups by  
appointment only

# For information and to book:

**Lauren**

**Sensory Co-ordinator**

**028 9263 6195**

**sensory@highriseni.org**



## Sensory Prices

Baby (under 2): £2

All other guests: £4

Accompanying parent or carer: £1

The Sensory Room can be booked for exclusive use by individuals or groups at a cost of £20 per hour.

Sensory parties welcome

### SPECIAL OFFER!

**Book 5 sensory  
room sessions  
and receive  
a 6th free**

“ Lauren the sensory worker was amazing, it was the best hour ever, Shea was and still is so calm and relaxed. It's a pity there isn't one closer to home, but its deffo worth the drive...staff are amazing from the moment you go in.

Cathy, High Rise Guest ”

“ Tara, High Rise Guest Attended recently with my 4 year old son with autism and the Sensory Room was outstanding. They've thought of everything. His needs were 100% met in the Sensory Room with so much to offer.

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Supported by



**Please note:** The Sensory Room will be available to more than one guest at a time, unless it is booked for exclusive use. High Rise will endeavour to accommodate the needs of all guests however this may not always be possible. All needs should be discussed in advance with our Sensory Co-ordinator. Contact us to find out when our Sensory Co-ordinator is available.



For A Better World

**High Rise, 11A Altona Road, Blaris Industrial Estate  
Lisburn, BT27 5QB (5 minutes from the M1/A1 at Sprucefield)**